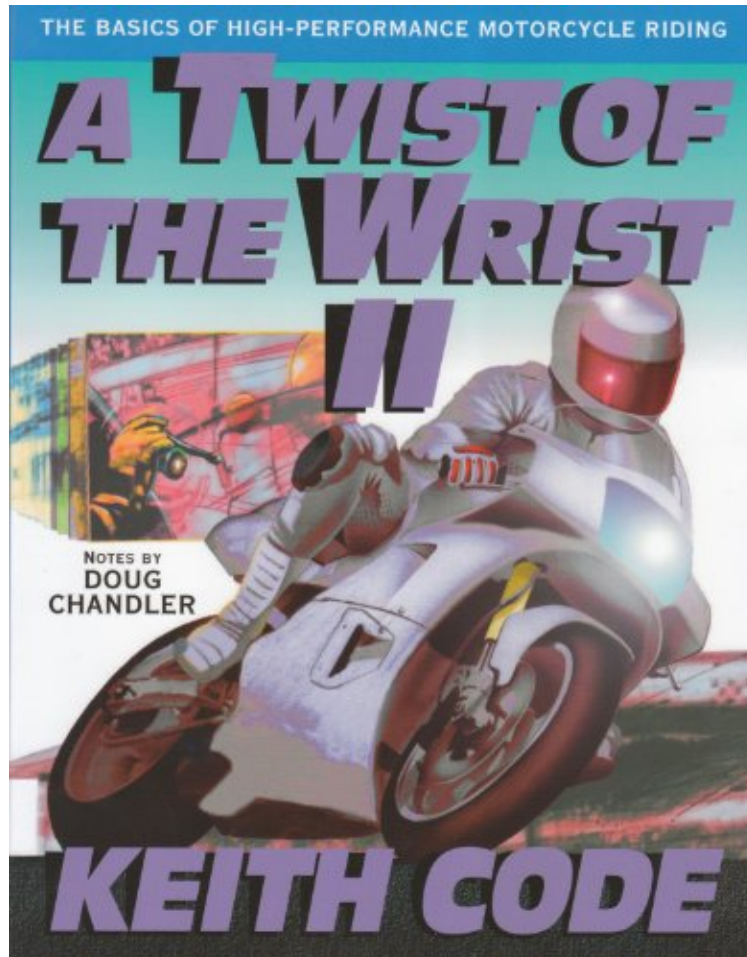


(Get free) A Twist of the Wrist II: The Basics of High-Performance Motorcycle Riding (English Edition)

A Twist of the Wrist II: The Basics of High-Performance Motorcycle Riding (English Edition)

Von Keith Code

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A Twist of the Wrist II describes with precision the essential riding techniques that all riders need to understand. Code lays out the seven knee jerk 'Survival Reactions' which every rider has experienced and clearly describes how they are, in every case, contrary to good technique. It is the first book to describe these and goes on to define, in step-by-step detail, the proper technical skills necessary to overcome them. Having good technical riding skills allows riders to conquer their fears and overcome their barriers to cornering. The book contains twenty-six chapters of exact procedures which address: Rider input, Steering, Precision Visual Skills, Braking, Body Position, Throttle Control, Lines, the different types of Traction and much more. A Twist of the Wrist II is based on Code's vast experience: acknowledged worldwide, Keith has trained and coached more riders and more champions than anyone else in the history of the sport. His California Superbike Schools have run in seventeen countries at one hundred and eleven tracks and are the number one school in all of them. A world wide best-seller since its publication and translated into seven languages, this go-to book for all motorcyclists from weekend riders to racers is now available in eBook format for your convenience.

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