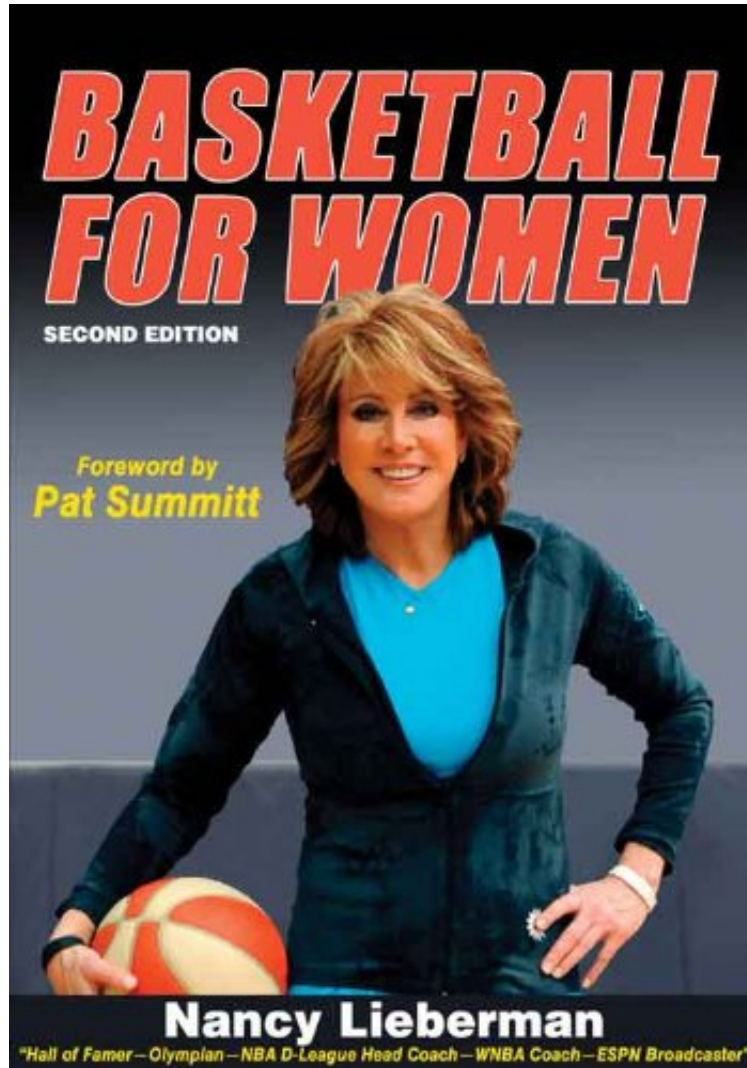


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Basketball for Women, 2E

Von Nancy Lieberman

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Von Nancy Lieberman : Basketball for Women, 2E before purchasing it in order to gauge whether or not it would be worth my time, and all praised Basketball for Women, 2E:

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. A Must for Coaches of Girls Basketball Von David Heaukulani When I started coaching girls basketball (3rd-9th graders) 3 years ago this was the second book I picked up. Now I have about 35 books and 20 videos but I use this as the central reference for my playbook and training manual in coaching fundamentals. Some of the skills may be too advanced for younger kids but they will grow up and adapt to it when they return to you a little older and better skilled thanks to this reference. It should be used in conjunction with the videos by the author (available also from). If Nancy Lieberman-

Cline ever sponsors a clinic I will be on the first plane to get there. As a player-coach-teacher she is the best for girls basketball!
0 von 0 Kunden fanden die folgende Rezension hilfreich. Speaks to the mental game - it's great for all sports!!
Von Ein KundeAlthough I'm not completely done reading this book - it has already helped me a lot!! As a parent of a 13 year female athlete who has dreams and goals and loves basketball (and all sports!), this book has helped me understand how we can help direct her and it also includes ways for her to help herself. It focuses not only on skills, but on the mental part of the game - what a player needs to do to succeed and also how to do it!! Great for both players and parents of players!
0 von 0 Kunden fanden die folgende Rezension hilfreich. Excellent book, broken down very efficiently!
Von Ein KundeBeing a girls basketball coach, this book is a very beneficial tool for helping young women understand the game more completely. The variety of drills make it easy to design an off season workout schedule. This book is a must buy for anyone serious about the game, whether coach, player, or a serious fan!

Kurzbeschreibung
In *Basketball for Women*, Nancy Lieberman shares skills and tips that allowed her to reach the pinnacle of the sport. This new edition covers shooting technique, defense, passing, and training. Nancy includes examples of her experience as a player, coach, and broadcaster to demonstrate how becoming a complete player affects the game.
Nancy Lieberman-Cline is one of basketball's greatest-ever women players: the first high-school athlete to make a U.S. Olympic basketball team and the first woman to play in a men's professional league. She teams up with Robin Roberts, a great college player and successful sportscaster for ABC and ESPN, to share her insights and help women use physical drills, mental techniques and plain old basketball strategy to hone their skills to the sharpest.
Pressestimmen
"Basketball for Women is an outstanding guide for the serious player and coach. It gives great information to take a player's game to the next level from two of the game's greatest personalities."
Marsha Sharp
Head Women's Basketball Coach, Texas Tech University
"This is a complete basketball book written by one of the greatest point guards ever to play the game. All aspects of developing a well-rounded player are covered. The mental approach, tips for skill development, practice drills, and Nancy's life experiences make this a must-have for players looking to improve their games."
Anne Donovan
Head Women's Basketball Coach, East Carolina University, 1995 Hall of Fame Inductee, 3-Time Olympian "