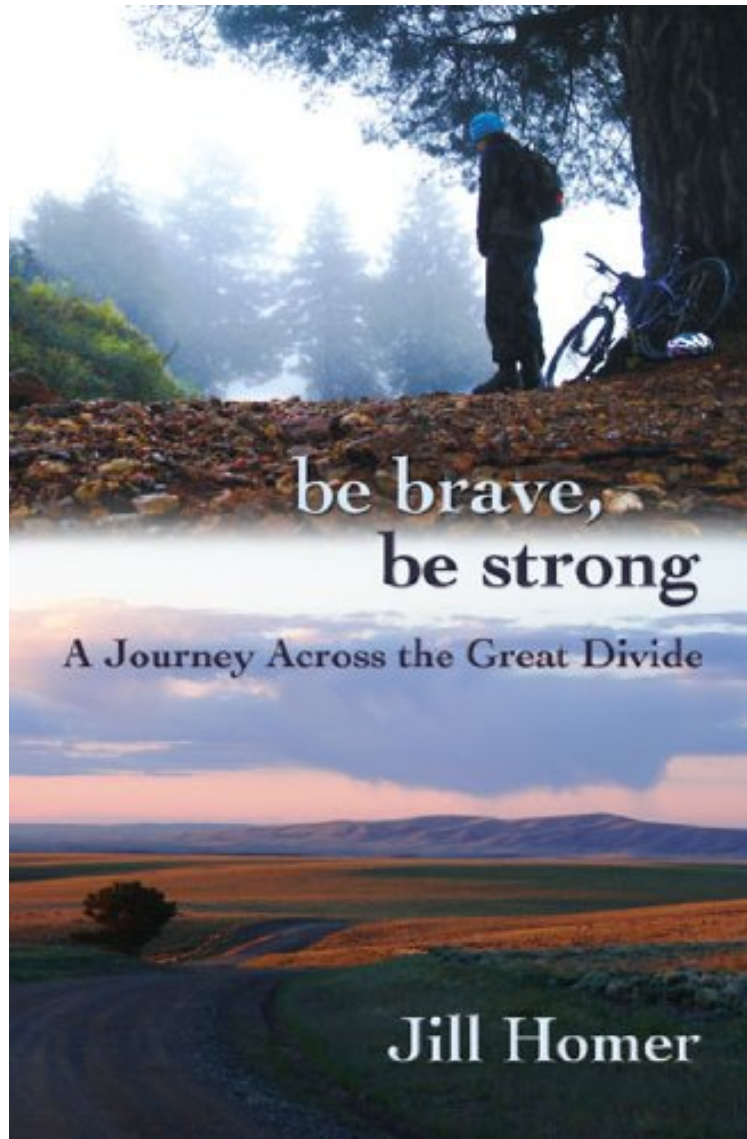


[Free and download] Be Brave, Be Strong: A Journey Across the Great Divide (English Edition)

Be Brave, Be Strong: A Journey Across the Great Divide (English Edition)

Von Jill Homer

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Von Jill Homer : Be Brave, Be Strong: A Journey Across the Great Divide (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Be Brave, Be Strong: A Journey Across the Great Divide (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.

Inspiring, interesting, too long
Von Stephan Wiesner
The book is fun to read, the descriptions are vivid and inspiring. Gets a little long, though. There are just too many days on the bike that are more or less the same

Kurzbeschreibung
Jill is an unassuming recreational cyclist who has about as much in common with Lance Armstrong as she does with Michael Jordan. But despite her perceived athletic mediocrity, the newspaper editor from Alaska harbors an outlandish ambition: the "world's toughest mountain bike race," a 2,740-mile journey from Canada to Mexico along the rugged spine of the Rocky Mountains. A race of that magnitude demands a daunting training plan, which Jill aspires to until she literally breaks the ice on a frozen lake in the Alaska wilderness. Serious frostbite proves to only be the beginning in a series of setbacks that threaten to change her dream from outlandish to impossible. But, as Jill explains to a skeptical friend, "The fact that something impossible has never been a good reason not to try." "Be Brave, Be Strong," is the true story of an adventure driven relentlessly forward as foundations crumble. This is a brutally honest account of one woman's incredible journey and simple discovery to take on the world's toughest mountain bike race, one doesn't have to be the world's toughest woman. Not even close.

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ber den Autor und weitere Mitwirkende
Jill Homer grew up in Sandy, Utah, and graduated from the University of Utah with a degree in journalism in 2000. She began her career working for weekly and daily newspapers in Utah and Idaho. In 2005, she moved to Homer, Alaska, to pursue adventure in the Last Frontier. She never viewed herself as an athlete, but she was searching for a unique kind of outlet that provided both physical and psychological challenges. Endurance cycling fit that description. Two years of (mainly mis)adventures landed her in one of the most difficult endurance races in North America, a 350-mile winter traverse of Alaska wilderness called the Iditarod Trail Invitational. The unforgettable experience was the genesis of her first book, *Ghost Trails: Journeys Through a Lifetime*. Her second book, *Be Brave, Be Strong: A Journey Across the Great Divide* is a continuation of her ongoing adventures. She currently works as a freelance writer and editor in Los Altos, California.