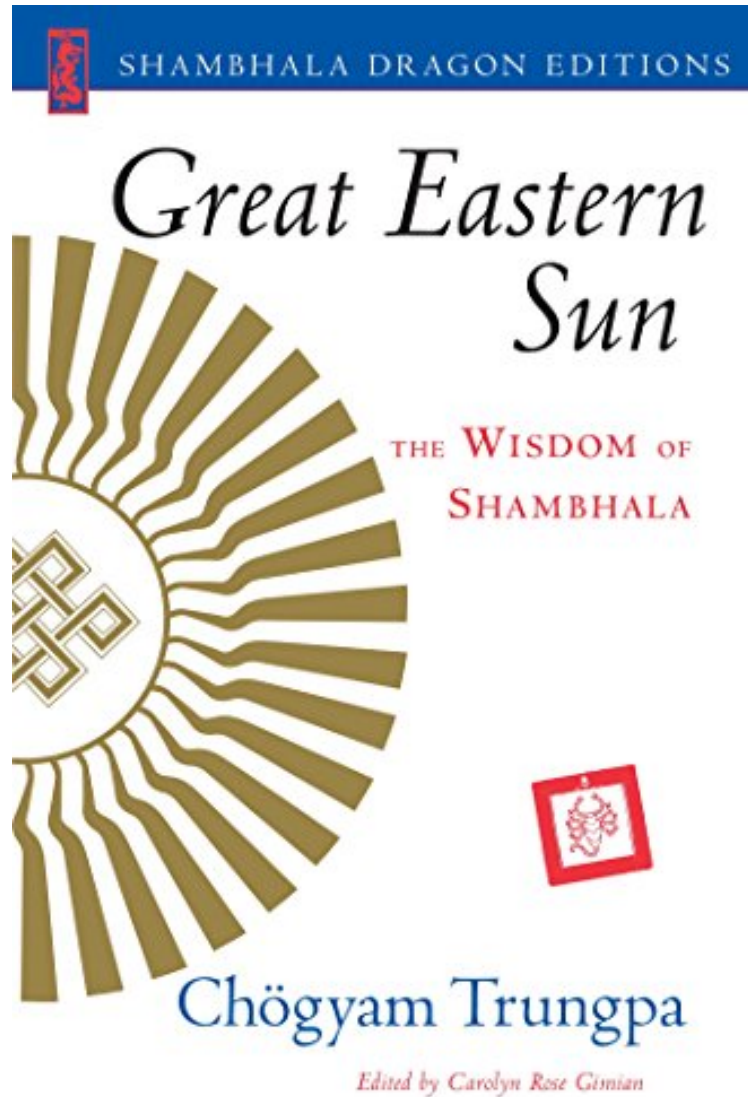



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Great Eastern Sun: The Wisdom of Shambhala (Shambhala Dragon Editions)

Von Chogyam Trungpa

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Von Chogyam Trungpa : Great Eastern Sun: The Wisdom of Shambhala (Shambhala Dragon Editions) before purchasing it in order to gage whether or not it would be worth my time, and all praised Great Eastern Sun: The Wisdom of Shambhala (Shambhala Dragon Editions):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.
Embracing LifeVon Ein KundeCarolyn Gimian has done a wonderful job of sculpting a body of work that speaks to

the essence of Shambhala Training and warriorship. She has painted a genuine portrait of Chogyam Trungpa through his training methodologies, poems, talks, and personal history. The book contains reference information for those readers who may want to pursue Shambhala Training, in their own quest to embrace life through direct participation. I would recommend this book to all students of Shambhala, present and future.

Kurzbeschreibung "In Shambhala: The Sacred Path of the Warrior Chgyam Trungpa offers an inspiring and practical guide to enlightened living based on the Shambhala journey of warriorship, a secular path taught internationally through the Shambhala Training program. Great Eastern Sun: The Wisdom of Shambhalais a continuation of that path. Shambhala was an exploration of human goodness and its potential to create an enlightened society a state that the author calls "nowness." And in that spirit of nowness, Great Eastern Sun which is accessible to meditators and nonmeditators alike centers on the question, "Since we're here, how are we going to live from now on?" deChgyam Trungpa had a vision of a society of enlightened people, or at least of people on the path to enlightenment. These are the Shambhala warriors, people "brave enough not to give in to the aggression and contradictions that exist in society." A companion volume to Trungpa's classic Shambhala: The Sacred Path of the Warrior, Great Eastern Sun is an invitation for all people to discover their own goodness, which is always there, just as the sun is always rising. Trungpa had an uncanny grasp of the hang-ups and excuses that keep Westerners in their safe ego cocoons, and in Great Eastern Sun he entices us all out, to express our goodness and live a life on the edge of insecurity. The mindful life turns out to be one of detached but sacred existence, floating with the power of compassionate awareness. A genuine life is what Trungpa propels us to, and Great Eastern Sun is his lantern for guiding us down the path of genuine living. --Brian Bruya Pressestimmen "As a loving and grateful student of Chgyam Trungpa, the Dorje Dradul of Mukpo, I am delighted that these wonderful teachings which have so profoundly influenced and shaped my life are now available to benefit others. May countless people have the good fortune to read this book." Pema Chodrn, author of When Things Fall Apart "With brilliance and good will, Chgyam Trungpa illuminates the dharma of wise society. He invites all of good heart to find a dignity in their human experience that joins together heaven and earth." Jack Kornfield, author of After the Ecstasy, the Laundry