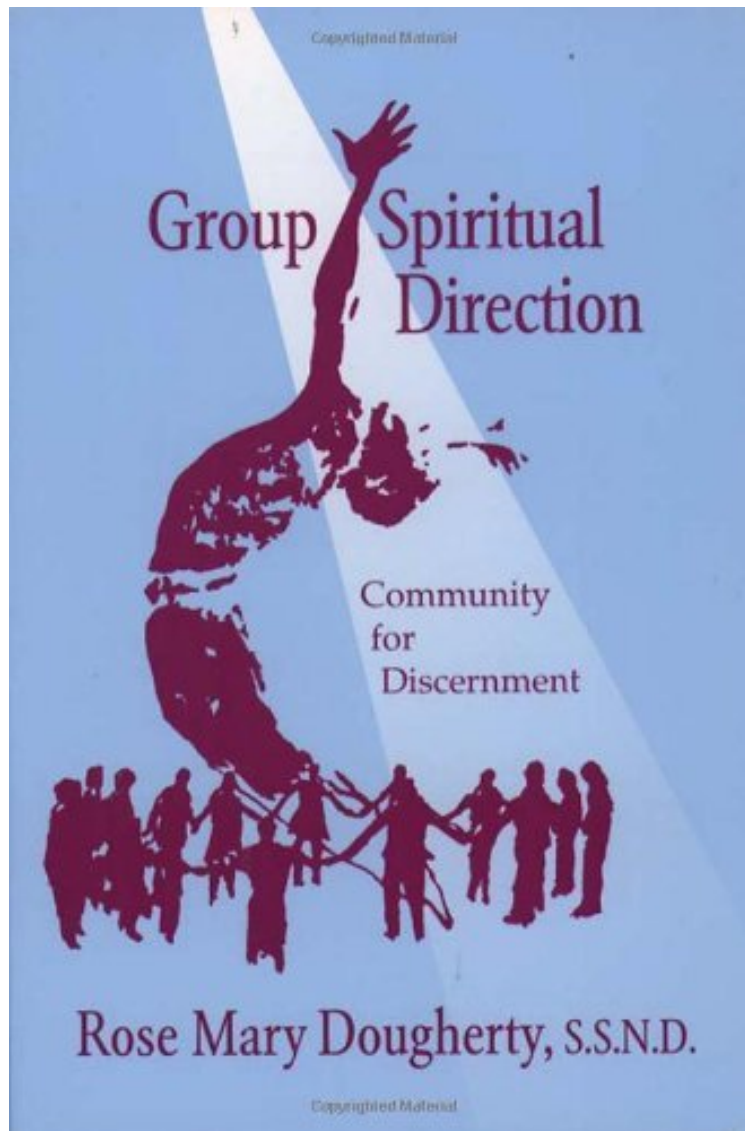


(Download) Group Spiritual Direction: Community for Discernment

## Group Spiritual Direction: Community for Discernment

Von *Rose Mary Dougherty*

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**Von Rose Mary Dougherty : Group Spiritual Direction: Community for Discernment** before purchasing it in order to gage whether or not it would be worth my time, and all praised Group Spiritual Direction: Community for Discernment:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. A solid handbook by a recognized expertVon spidirDougherty, a trainer of spiritual directors at the Shalem Institute, shared her expertise in this basic text. Chapters 1-3 were about spiritual direction in general--interesting and informative, but I

found myself feeling impatient to get to the "group" part. Consideration of groups began with Chapter 4 and was worth the wait. The author presented a clear, sound model of how to organize and conduct a spiritual direction group and included readily understandable examples and verbal illustrations. I especially appreciated her relentless emphasis on the role of God in spiritual direction. My only reservation about her recommendations was that she seemed to underestimate the importance of discouraging spouses and close friends from being in the same group together.

Kurzbeschreibung Practical guidance for offering and participating in spiritual direction in a group setting. Kurzbeschreibung Practical guidance for offering and participating in spiritual direction in a group setting. Buchrckseite Group Spiritual Direction is a resource for people wishing to explore the possibilities of spiritual community within the context of group spiritual direction. Rose Mary Dougherty's writing acknowledges the growing need that many people have for small communities of support in their relationship with God, and it describes the diverse means that various religious traditions and denominations have used to address this need. The text presents group spiritual direction as a unique form of spiritual community which assists people in ongoing individual discernment. Drawing on years of experience as a spiritual director and as one who has offered group spiritual direction in ecumenical settings, the author provides both the theological understanding and the detailed information needed to establish spiritual direction groups. She consistently invites the reader to return to her primary assumption: the most important element in group spiritual direction is the contemplative stance of presence to God for one another within the group meeting and prayer for one another outside the meeting. The author also offers practical suggestions for fostering this contemplative stance as well as ways to prepare people for group spiritual direction.