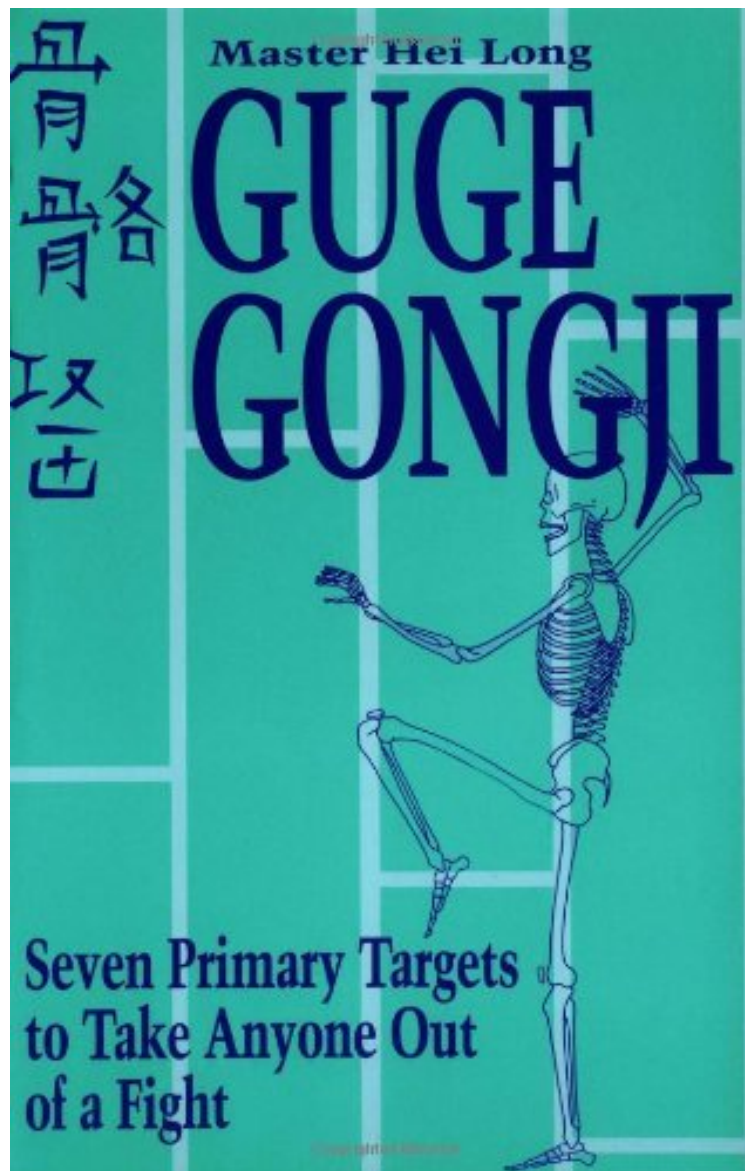


[FREE] Guge Gongji: Seven Primary Targets To Take Anyone Out Of A Fight

## Guge Gongji: Seven Primary Targets To Take Anyone Out Of A Fight

Von Hei Long

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good book both in a good read and in information. Von Ein Kunde the book showed me a couple of ideas and moves i would never have used or thought would might be used on me. Bone breaking is searious businness, but this book can show you how to do it and not get heart yourself. though some of the pictures are rather funny, they show a lot, more than other books. 0 von 0 Kunden fanden die folgende Rezension hilfreich. the most practical self defence manual Von Ein Kunde As a student of Martial Arts this book is the best yet .. it is simple and effective and will work .. For i have studed Isshin-Ryu Karate and Ninjitsu for years (10) and Master Hie Long did his best work on this book a real eye opener . He may be gone from us . but he left a piece of him to help us defend our selves .. 0 von 3 Kunden fanden die folgende Rezension hilfreich. I'm new and would like to know the process Von Ein Kunde Basically, I'm really intersted in this book and I would want to learn myself for self-defense.

Kurzbeschreibung Structurally disabling an opponent is like taking the bullets out of his gun. It is unlikely that he can swing with a broken wrist or advance with a busted knee. That is guge gongji: stopping an attacker by breaking his instrument of danger - his ability to move. Take anyone out of a fight by mastering these seven targets. Kurzbeschreibung Structurally disabling an opponent is like taking the bullets out of his gun. It is unlikely that he can swing with a broken wrist or advance with a busted knee. That is guge gongji: stopping an attacker by breaking his instrument of danger - his ability to move. Take anyone out of a fight by mastering these seven targets. Synopsis Structurally disabling an opponent is like taking the bullets out of his gun. It is unlikely that he can swing with a broken wrist or advance with a busted knee. That is guge gongji: stopping an attacker by breaking his instrument of danger - his ability to move. Take anyone out of a fight by mastering these seven targets.