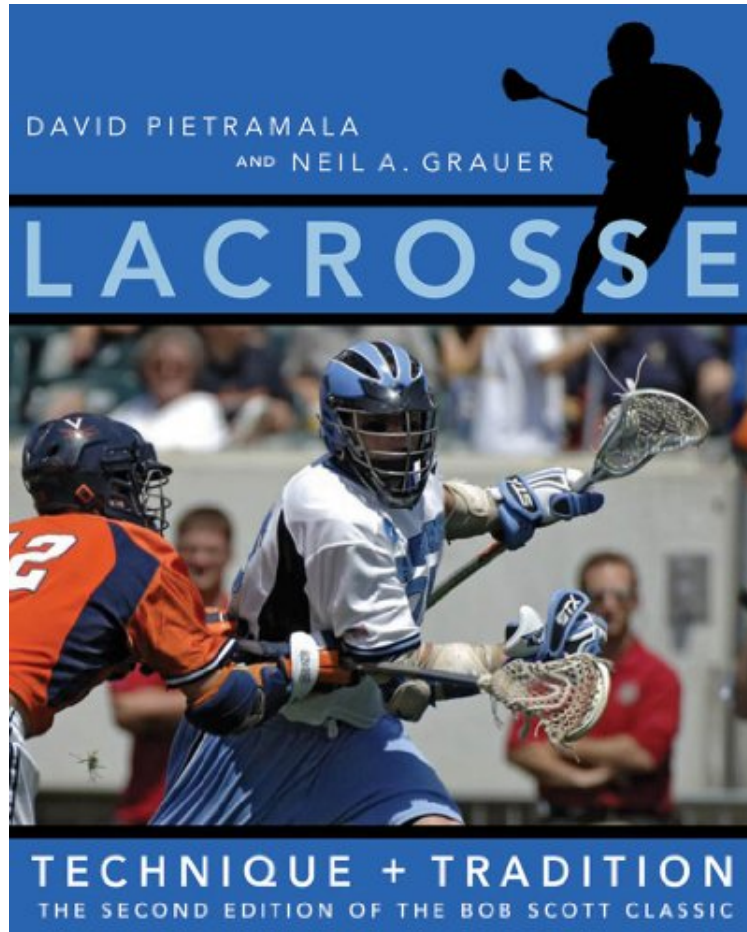


(Read now) Lacrosse: Technique and Tradition

## Lacrosse: Technique and Tradition

Von David G. Pietramala, Neil A. Grauer  
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**Von David G. Pietramala, Neil A. Grauer : Lacrosse: Technique and Tradition** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Lacrosse: Technique and Tradition:

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. Das Standardwerk von S. Kessler Wenn man wirklich grundlegende und weiterführende Informationen über Lacrosse haben, sowohl für Spieler als auch für Trainer, dann sollte man dieses Buch haben! Sehr viel Text, übersichtliche Zeichnungen und ein paar nette Bilder lockern das Ganze auf. Teil I beschreibt Lacrosse historisch, die Regeln und was einen Spieler ausmachen sollte. Teil II geht auf Taktik und Technik des Lacrosse ein. Gerade dieser Teil war für mich sehr wichtig. Einiges kannte ich schon aus dem Training von unserem Verein, anderes war aber auch neu und konnte im Training sehr gut eingebracht werden. Insbesondere die Teile Team Offense und Team Defense. Für Teil III über Lacrosse bei John Hopkins sollte man schon Fan sein, sonst etwas "trocken". Das Ganze ist leider nur auf Englisch, das ein oder andere muss man doch nachschlagen, aber dennoch, ich kann dieses Buch jedem ans Herz legen, der sich eingehend

mit Lacrosse beschftigen will.

KurzbeschreibungFor thirty years Bob Scott's Lacrosse has been the ultimate guide to the "fastest game on two feet," explaining the men's game at its highest level and promoting the Johns Hopkins philosophy, which has become synonymous with lacrosse excellence. In this long-awaited updated edition, Coach Dave Pietramala, whose Blue Jays won the 2007 and 2005 NCAA men's lacrosse championships, and Neil Grauer, a Hopkins graduate and veteran writer on lacrosse, among other subjects, have reworked every chapter, modernizing sections on rules, equipment, preparation, and tactics. They revisit topics such as drills and skills for specific positions, game strategy, clearing tactics, and the history of the game itself -- including a section on the Johns Hopkins contributions to lacrosse. New diagrams and images help to clarify concepts and instructions in the text. Action and instructional photos by Hopkins photographer James Van Rensselaer capture some of the drama from the 2005 championship year and accompany the teaching chapters. Like the Bob Scott book on which it builds, this edition will soon become familiar to every serious student of the sport.

Pressestimmen"The ultimate how-to guide." -- Baltimore Sun"You can consider this book a message to the outside world from the cosmic center of the sport... There have been lacrosse books before, but this is easily the best." -- Maryland Magazine"The ultimate how-to guide." -- Baltimore Sun"You can consider this book a message to the outside world from the cosmic center of the sport... There have been lacrosse books before, but this is easily the best." -- Maryland Magazine

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