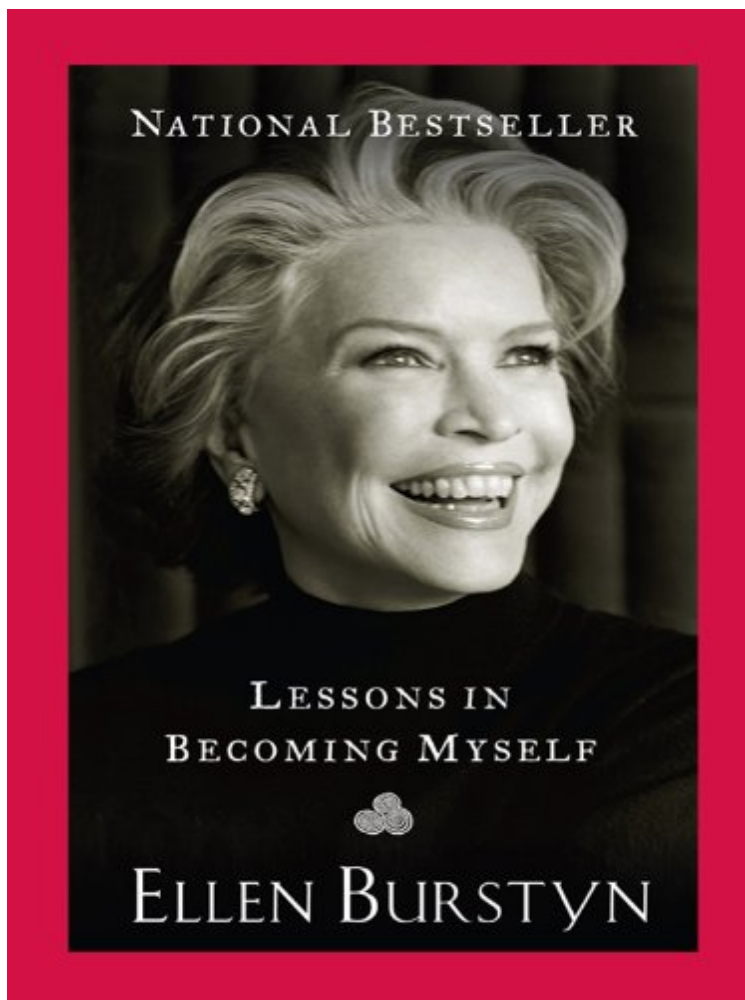


(Download) Lessons in Becoming Myself

## Lessons in Becoming Myself

Von Ellen Burstyn

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**Von Ellen Burstyn : Lessons in Becoming Myself** before purchasing it in order to gage whether or not it would be worth my time, and all praised Lessons in Becoming Myself:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Fesselnde ErinnerungenVon Fritz WeaverEllen Burstyn, die oscargekrhnte amerikanische Schauspielerin, hat ihre Memoiren geschrieben, die nicht nur fr Filmfreunde interessant sein knnten, sondern auch fr jene, die an einem ehrlichen und absolut fesselnden Lebensbericht interessiert sind. Die Ehrlichkeit dieses sehr gut geschriebenen Buches ist auf jeder Seite zu spren, und Ellen Burstyn versteht es gut, den Leser mit ihrer Sprache und ihren Erlebnissen zu unterhalten. Dabei geht die Tiefe ihrer Erinnerungen aber nicht verloren, besonders dann nicht, wenn sie von ihrer

dritten Ehe berichtet, die zur Hlle wurde. Ein beeindruckendes Buch voller Erfahrung und Geist.

**Kurzbeschreibung** A deeply personal and electrifying memoir by Ellen Burstyn, renowned actress and six-time Academy Award nominee. By the time Ellen Burstyn arrived in New York to study acting, she'd already worked as a Texas fashion model, a Montreal chorus girl, suffered numerous toxic relationships, and just as many name changes and spiritual paths. Theater legend Moss Hart called her "a natural" but Ellen Burstyn was still trying to discover who she was. This is the graceful story of a personal and professional quest, a life-long journey-by turns triumphant and terrifying, tragic and funny, thoughtful and illuminating. From Publishers Weekly In her first book, Oscar- and Tony-winning actress Burstyn has cast a life story that could easily light up the silver screen, replete with abusive parents, high school tragedy, showbiz triumph, reversals of fortune and a plucky heroine in search of professional and spiritual fulfillment. Burstyn begins with impressionistic memories of her Detroit childhood, including her tumultuous relationship with her mother and stepfather Lou, moving from the scare of her brother's near-fatal struggle with pneumonia when she was not yet 3 to the traumatic illegal abortion she had at age 18. Burstyn's career kicks off a few years later on Broadway, launching her on a challenging path to movie stardom, a number of failed romances-including a mentally ill husband who would stalk her for years-and her globe-spanning search for religion. Burstyn's tell-all works beautifully, thanks to her talent for spare but clear description; the happy story of Stone House, her home in upstate New York for 11 years, covers just a few pages, but Burstyn still makes her farewell to the house resonate: "I walked away with a sense of carrying my own chapel with me." The blemish in this upbeat, chatty book is Burstyn's occasional tendency toward self-help language-"The more I struggled to free myself, the more entangled I became"-but it's easy to forgive, given the honesty, bravery and warmth with which she tells her story. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist Cast as Chris MacNeil in *The Exorcist*, Ellen Burstyn cinematically confronted the devil. Born Edna Rae Gilloolly, she confronted demons of her own, from her demeaning mother to her psychotic and sadistic husband. Now as one of the most acclaimed and respected actors of her generation, the ebullient Burstyn reflects on her life and 40-plus-year career, nimbly tracing the paths she followed, risks she took, mistakes she made, and lessons she learned to assess the price she paid for hard-earned wisdom. Armed with little more than a burning ambition to refute her narrow Midwest Catholic upbringing, Burstyn resolutely struck out on her own at age 18. Landing in Manhattan, she became a devoted acolyte of Lee Strasberg's Method school of acting, a technique that served her well. Foundering in a violently unstable marriage and still bearing the psychic scars of a damaging childhood, Burstyn applied the same painstaking deliberation to her quest for spiritual guidance, which took her from the heights of the Himalayas to the depths of New York City's homeless shelters. Candid and unassuming, Burstyn's intuitive memoir is a balanced mix of insider theatrical anecdotes and inspired philosophical revelations, a guileless apologia for one woman's desire to authenticate her experiences professional and personal. Carol Haggas Copyright American Library Association. All rights reserved