

[Mobile ebook] Life Is Complicated: My journey with Asperger Syndrome (English Edition)

# Life Is Complicated: My journey with Asperger Syndrome (English Edition)

Von Barry John Evans  
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Produktinformation Veröffentlicht am: 2015-05-14 Erscheinungsdatum: 2015-05-14 File Name: B00XQHLWYC | File size: 66.Mb

**Von Barry John Evans : Life Is Complicated: My journey with Asperger Syndrome (English Edition)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Life Is Complicated: My journey with Asperger Syndrome (English Edition):

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. Open door to visit the world of Barry John Evans, Asperger autistic, musician, animal lover and mathematically excitable person. Von Noa Sternberg A brave inside into the life of Barry John Evans, a young man living with Asperger Autism. He manages to describe his journey with Asperger Syndrome so well, that the reader is invited to witness it. The book is structured in a way that seems different from books written by neurotypical people. But Barry explains logically why he chose to do it this way and draws you in, so it won't seem different anymore. He takes us with him to school. We learn about his problems before he got a diagnosis. When he finally is diagnosed, life has still lots of painful

challenges, some of them lasting to this day. You get a good idea of how he experiences the world. Reading facial expression and facially expressing feelings himself is a big challenge and sometimes faking a smile is necessary to enter social situations. Up to this day, Barry is uncomfortable among people he doesn't know. And most comfortable in one on one situations with friends or family. This is only topped by contact with his pets. There are by far more animals than people in Barry's home. He spends a lot of his free time with his two groups of pet rats. The book has chapters for everything that is important to know about Barry as well as about special interests of Barry. One chapter defeated me. It was about a number game about the likelihood of specific outcomes to football games that Barry describes as very fulfilling. I couldn't understand the most of it. I found the chapter about music and singing very interesting as Barry has a very scientific approach to the art of studying Rock vocals. It seems like a contradiction to what singing usually is. But when you hear him sing, which is possible by visiting his youtube channel you will hear, that music is music is music. 0 von 0 Kunden fanden die folgende Rezension hilfreich. An honest and insightful read. Von Melanie "Life Is Complicated: My journey with Asperger Syndrome" is a very informative and enlightening book. It gives an insight into understanding the way people with Aspergers think and why they behave the way they do in certain situations. "Life is complicated" is the perfect book title. The explanations and examples are excellent. I feel I have a lot more insight into the daily struggles and challenges. The author is a very nice, positive and inspiring young man. He speaks openly about his journey. Barry also suffering from ME and to cope with both shows great strength.

Kurzbeschreibung A lot of people have asked me through social media what it's been like growing up with the condition, mainly mums who have children who have been through similar experiences to me. I felt it would be beneficial to write this because a) I find it easier to express myself through writing as opposed to personal contact and b) I hope it will help those struggling with the condition and also those who care for people with Aspergers. Kurzbeschreibung A lot of people have asked me through social media what it's been like growing up with the condition, mainly mums who have children who have been through similar experiences to me. I felt it would be beneficial to write this because a) I find it easier to express myself through writing as opposed to personal contact and b) I hope it will help those struggling with the condition and also those who care for people with Aspergers.