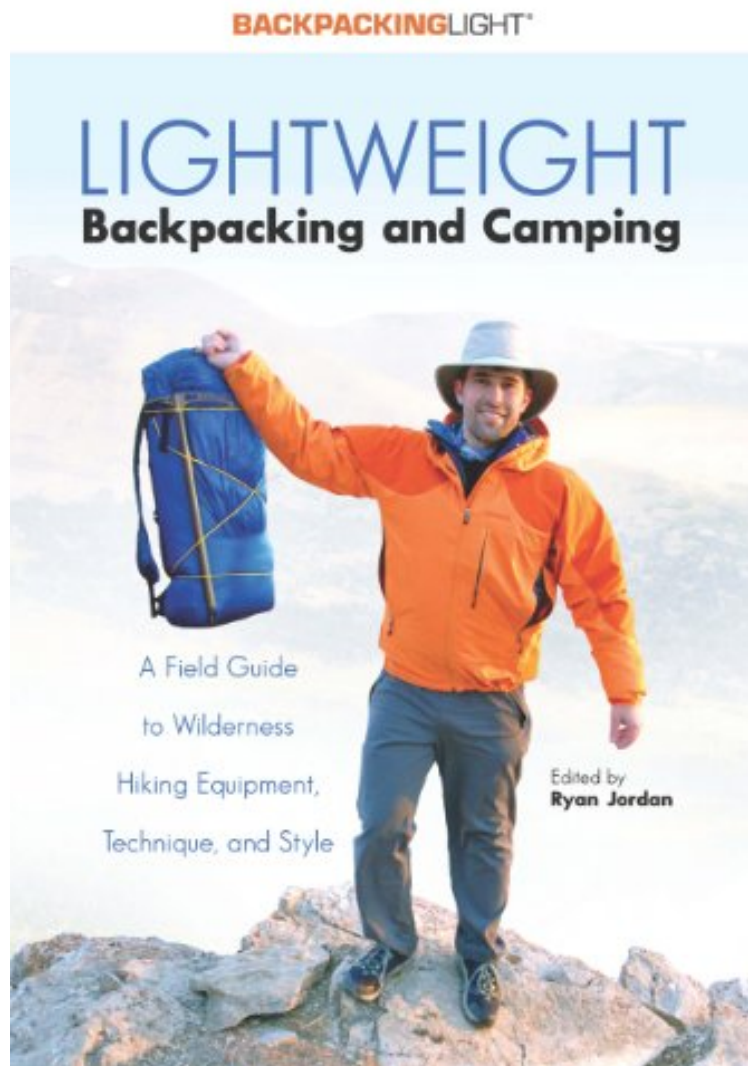


(Pdf free) Lightweight Backpacking Camping (English Edition)

Lightweight Backpacking Camping (English Edition)

Von Ryan Jordan, George Cole, Lee Van Horn, Alan Dixon, Rick Dreher, Dave Schultz, Stephanie Jordan,
Alison Simon, Bill Thorneloe, Ellen Zaslaw
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Von Ryan Jordan, George Cole, Lee Van Horn, Alan Dixon, Rick Dreher, Dave Schultz, Stephanie Jordan,
Alison Simon, Bill Thorneloe, Ellen Zaslaw : **Lightweight Backpacking Camping (English Edition)** before
purchasing it in order to gage whether or not it would be worth my time, and all praised Lightweight Backpacking
Camping (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen3 von 3 Kunden fanden die folgende Rezension hilfreich. Die neue
Ultraleicht-BibelVon Carsten JostOhne Scheu darf man zur Zeit wirklich sagen, dass Ryan Jordan das neue

Standardwerk zum Thema Ultraleicht geschaffen hat und dabei kaum einen Aspekt offen lässt. Angefangen von biomechanischen Auswirkungen unterschiedlicher Rucksackgewichte auf den menschlichen Körper, über Prozessverbesserungen bei den täglichen Abläufen hinzu Risikomanagement und Ausrüstungstipps. All den Fragen der Ultraleichtzweifler tritt das Buch mit den richtigen Antworten entgegen. Darüberhinaus wartet das Buch mit unterschiedlichen Packlisten für unterschiedlichste Touren auf, was dem Leser ermöglicht seine Packliste mit einer ultraleichten zu vergleichen. Techniken und Ausrüstung werden im Detail beschrieben, was z.B. den Einsatz eines Tarps anstatt eines Zeltes plausibel und auch für Laien umsetzbar macht. Sicherlich fehlt dem Buch der europäische Bezug, allerdings kann man hier ja komplementär noch das deutsche Buch "Trekking-Ultraleicht" kaufen. Besucht man die Homepage des Autors backpackinglight.com, kann man sich auch auf dem neuesten Stand halten, was in Zeiten stetiger Innovation im Ausrüstungssektor vor Veraltung der Inhalte schützt. Jeder, der wirklich leichter unterwegs sein möchte, um a) schneller zu sein oder b) noch im hohen Alter Dinge zu tun, die man für nicht mehr möglich hielt, sollte sich dieses Buch kaufen. 2 von 2 Kunden fanden die folgende Rezension hilfreich. Der Rucksack wird leichter und leichter ... Von EsserKnut Ein Buch für alle, die gerne über das nachdenken, was sie im Rucksack mit sich schleppen. Eine wunderbare Mischung aus ernst wissenschaftlichen Betrachtungen, radikalen Ansätzen und abgedrehten Ideen; dabei flüssig zu lesen und aufgrund des selbstkritisch-ironischen Stils auch sehr amüsant. Eine ausführliche Anleitung für ein Rucksackgewicht für die große Tour (eine Woche Wandern mit Zelt, Schlafsack, Kocher und Verpflegung) im Bereich von 5 - 10 kg. Eine Pflichtlektüre für alle, die sich von Mainstream-Philosophien im Outdoorbereich trennen wollen und die beiden Wege zu einer leichteren Wanderausrüstung beschreiten: Leichtere bzw. bessere Ausrüstung und Verzicht.

Kurzbeschreibung LIGHTWEIGHT BACKPACKING AND CAMPING offers insight into gear selection and techniques that can be used to reduce pack weight and decrease the margin of risk that occurs by taking less weight in the backcountry. This book is an ideal primer for the lightweight backpacking student who desires to build a solid foundation of knowledge about equipment and skills. From the Preface: The Benefits of Going Light Some hikers, upon converting to the ultralight style of backpacking, become rabid proselytizers for the cause, convinced that everyone needs to get their base pack weight below 10 pounds to avoid the eternal damnation of 65-pound packs. Though it may border on blasphemy since a good chunk of my recent life has been devoted to creating ultralight gear and getting it into the hands of like-minded enthusiasts I'm not convinced that everyone needs a small base pack weight. If you are young, in great physical shape, your trips consist entirely of relatively short distances into the backcountry to establish base camps for day trips, and you already own a bunch of traditional backpacking gear, you can probably save yourself the trouble of reading this book. Good for the Body Good for the Environment Good for the Mind Good for Simplicity Good for Relationships Good for More Since the journey to lightness is largely a cerebral one, where does one start? Self-education is critical to avoid getting in a situation where you didn't bring enough gear to be safe for your experience level. Your journey should be one of baby steps, learning and trying a couple of new things on each trip, finding what works for you and what doesn't. There are many online email lists that are a great resource. Basically, any list having to do with long hikes such as the Pacific Crest Trail, Continental Divide Trail, or Appalachian Trail will have a following of experienced ultralighters. There are beginning to be significant books with the latest information on ultralight backpacking, like the book you are holding now. Dive in and start your own journey to lightness! -GLEN "HOMEMADE" VAN PESKI Founder, Gossamer

Gear Kurzbeschreibung LIGHTWEIGHT BACKPACKING AND CAMPING offers insight into gear selection and techniques that can be used to reduce pack weight and decrease the margin of risk that occurs by taking less weight in the backcountry. This book is an ideal primer for the lightweight backpacking student who desires to build a solid foundation of knowledge about equipment and skills. From the Preface: The Benefits of Going Light Some hikers, upon converting to the ultralight style of backpacking, become rabid proselytizers for the cause, convinced that everyone needs to get their base pack weight below 10 pounds to avoid the eternal damnation of 65-pound packs. Though it may border on blasphemy since a good chunk of my recent life has been devoted to creating ultralight gear and getting it into the hands of like-minded enthusiasts I'm not convinced that everyone needs a small base pack weight. If you are young, in great physical shape, your trips consist entirely of relatively short distances into the backcountry to establish base camps for day trips, and you already own a bunch of traditional backpacking gear, you can probably save yourself the trouble of reading this book. Good for the Body Good for the Environment Good for the Mind Good for Simplicity Good for Relationships Good for More Since the journey to lightness is largely a cerebral one, where does one start? Self-education is critical to avoid getting in a situation where you didn't bring enough gear to be safe for your experience level. Your journey should be one of baby steps, learning and trying a couple of new things on each trip, finding what works for you and what doesn't. There are many online email lists that are a great resource. Basically, any list having to do with long hikes such as the Pacific Crest Trail, Continental Divide Trail, or Appalachian Trail will have a following of experienced ultralighters. There are beginning to be significant books with

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