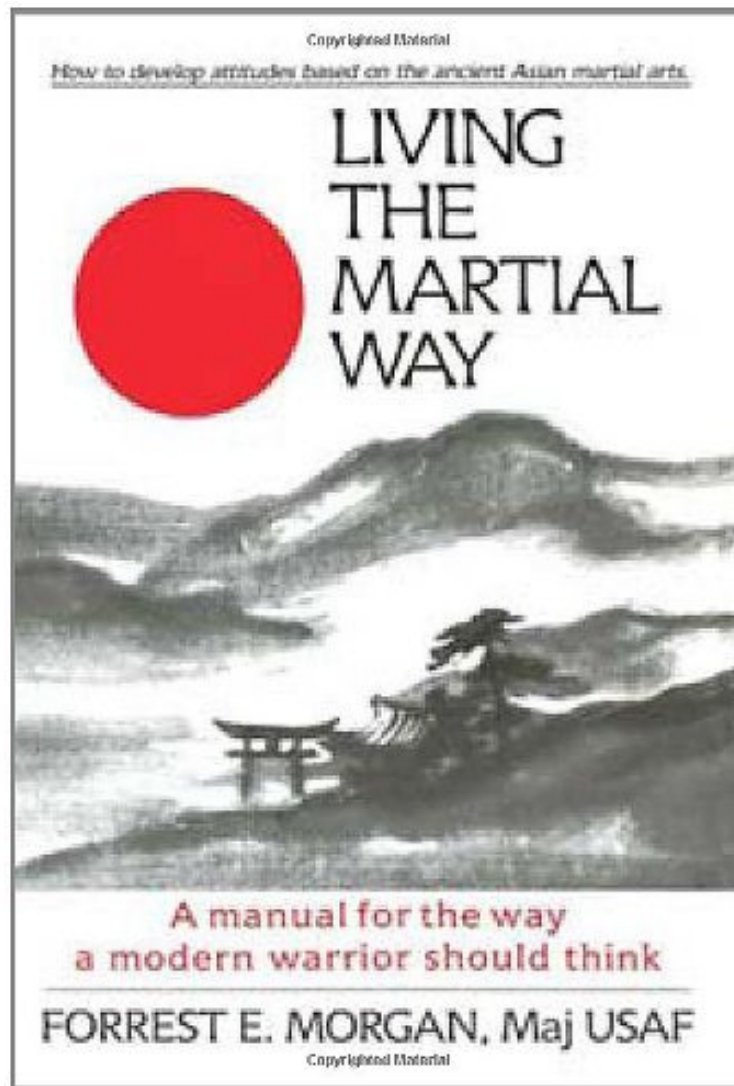


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# Living the Martial Way: A Manual for the Way a Modern Warrior Should Think

Von Forrest E. Morgan

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**Von Forrest E. Morgan : Living the Martial Way: A Manual for the Way a Modern Warrior Should Think** before purchasing it in order to gage whether or not it would be worth my time, and all praised Living the Martial Way: A Manual for the Way a Modern Warrior Should Think:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Great advice on how and why to train.Von Ein KundeThis is a great book. I was hooked from page one. Major Morgan gives a great overview of the history of martial arts including the so-called "spiritual aspects" along with a clearly stated

overview of how to train. Like one of the other reviewers here I thought the section on honor was excellent. My style (Shaolin kung fu) is a softer style. I found myself totally agreeing with everything the author said about how to train (kata and more kata) but disagreeing with some of his opinions. I felt he was a little hard on "do" as opposed to "itsu". On the other hand it made me change some of my ideas about my training in a very positive way. Even where I felt a little challenged by what he was saying, I felt he made his case very well. I recommended this book to my instructor (who read it) and the other advanced students in my class. My instructor found especially helpful the section on spiritual aspects which he plans to use in the future with Christian students to help them with their

0 von 0 Kunden fanden die folgende Rezension hilfreich. Modernizing Hagakure Von Ein Kunde I was surprised at all the reviewers that didn't get it- that this was really a modern version of Hagakure, or how to face life and death. Since we no longer have to face quite the same situations that warriors did before the advent of gunpowder, does that mean we no longer need a guide to living based on these values? Do we toss out all the positive things and focus on being 'modern'? Mr. Morgan doesn't think so, and neither do I. This has nothing to do with war, or fighting, but with your spirit. Today, I think that is more important than all the technology and other advances. Basically, the book should make you want to search for the substance of your life, not the style we seem to mistake for reality these days. I found it very enlightening, and not preachy- just thought provoking. It led me to search for personal answers and to be serious about my life- after all, I won't get another if this one is wasted! If this is being elitist, or a warmonger, or whatever, then go to the new age candle burning section and summon up all positive vibes. You still don't get it.

0 von 0 Kunden fanden die folgende Rezension hilfreich. Outstanding Von K.H. This book is a masterpiece. It is a great guide for the martial artist and fills in many gaps in his or her training. For example, Morgan has a chapter on Honor. He is right when he states that we in the martial arts "world" hear the word "honor" often, but, never have its definition articulated to us. He gives a groundwork of tenets (obligation, justice, and courage) and builds a thesis as to why these tenets are important to martial artist of all belt ranks. Even though I think his tenets are incomplete, but nevertheless insightful; it is a great start, and he is the first to forcefully lay down such a well reasoned view. The book is full of training ideas and incorporating the martial arts into one's "everyday" life. I often refer to this book when I have not lived up to one of the tenets and strive to be a better martial artist and after reading this book, a better man.

Kurzbeschreibung A step-by-step approach to applying the Japanese warrior's mind set to martial training and daily life. Kurzbeschreibung A step-by-step approach to applying the Japanese warrior's mind set to martial training and daily life.