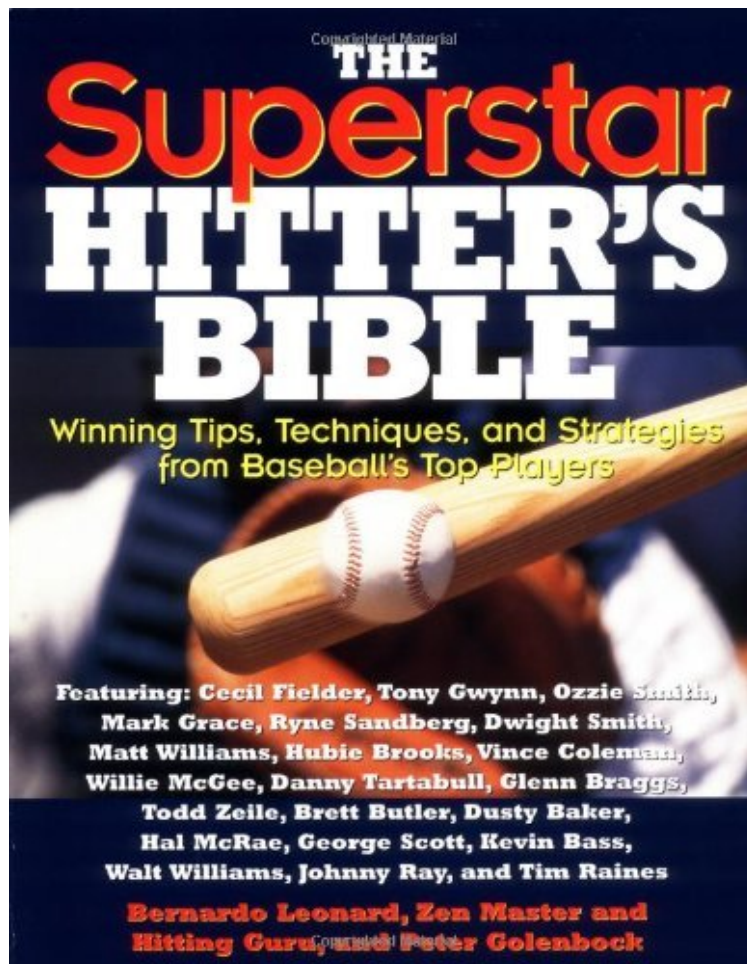


(Free) The Superstar Hitter's Bible: Winning Tips, Techniques, and Strategies from Baseball's Top Players

The Superstar Hitter's Bible: Winning Tips, Techniques, and Strategies from Baseball's Top Players

Von Bernardo Leonard

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Von Bernardo Leonard : The Superstar Hitter's Bible: Winning Tips, Techniques, and Strategies from Baseball's Top Players before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Superstar Hitter's Bible: Winning Tips, Techniques, and Strategies from Baseball's Top Players:

Kundenrezensionen Hilfreichste Kundenrezensionen 0 von 0 Kunden fanden die folgende Rezension hilfreich. Must Have! Von Ramon Gonzalez Very thorough and detailed book on the art of hitting. I had never heard of Bernardo Leonard before purchasing this book, but it becomes apparent as you start reading that the guy knows his stuff. By the way, who better to teach hitting than someone who struggled themselves. Enjoy! 0 von 0 Kunden fanden die folgende Rezension hilfreich. great book...don't teach your kid without this as a back-up Von Ein Kunde your kid will ask you why you didn't hit 70 hr's when you were younger...but seriously ...learn GOOD form here...if you want your kid to hit

like a pro...teach him right...or if you've been going 0for...this should help

Kurzbeschreibung "This book will help any hitter find that perfect combination of movements that will result in a higher batting average and greater consistency and power. No matter how good you are, whether you're a Little Leaguer or a major leaguer, you'll discover a way to improve." -- From the Introduction Big-league batting coach Bernardo Leonard and some of the top stars in baseball team up to reveal what makes some players so successful at the plate. Using his "Twenty Commandments of Hitting," Leonard provides the tools both mental and physical so that players of all levels can become more confident and proficient in the batter's box. From Tony Gynn's discussion about analyzing a pitcher and Matt Williams's secrets of his stance to Cecil Fielder's tips for young players, readers are also treated to the invaluable insights of some of the biggest names in the game. Having coached many top players, Leonard offers insights into how some of the best swings in the business evolved. "Bernardo Leonard is a hitting coach of incredible genius. No one on earth can teach hitting like Bernardo can." -- Ozzie Smith Bernardo Leonard is a former professional baseball player and one of the world's top hitting coaches. He lives in San Antonio, Texas. Peter Golenbock has coached children's baseball and is the author of many bestselling sports books, including the baseball classics *Bums*, *Dynasty*, and *The Bronx Zoo*. He lives in St. Petersburg, Florida.

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