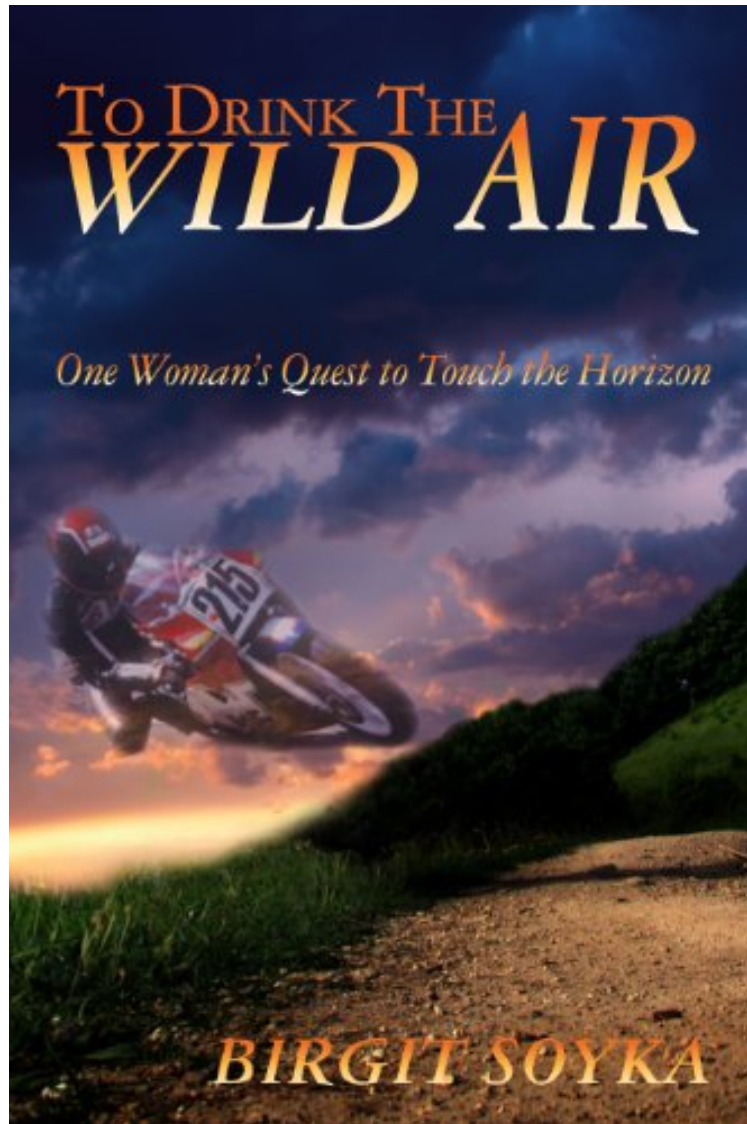


[Download] To Drink the Wild Air - a memoir One Woman's Quest to Touch the Horizon (English Edition)

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Von Birgit Soyka

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Von Birgit Soyka : To Drink the Wild Air - a memoir One Woman's Quest to Touch the Horizon (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised To Drink the Wild Air - a memoir One Woman's Quest to Touch the Horizon (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Das Leben ist ein AbenteuerVon Erik BrandtBirgit Soykas Buch hat mich von der ersten Seite an gefesselt. Seit Mrz 2011

befinde ich mich auf einer einjährigen Motorrad-Reise, die mich auf mehrere Kontinente führt. Warum? Um dem Alltag zu entfliehen, eine Auszeit vom Beruf zu nehmen, neue Kräfte zu sammeln und um grenzenlosen Spaß zu haben. Das Buch hätte zu keinem besseren Zeitpunkt in mein Leben treten können. Nicht nur, weil es sehr unterhaltsam ist, sondern weil ich stundenlang "in einen Spiegel" geschaut habe und mir viele der Erlebnisse von Birgit Soyka (auf das Berufsleben bezogen) bekannt vor kommen. So erlebte ich ihre Geschichte in allen Gefühlslagen. Von "himmelhochjauchzend" bis "unglücklich, ausgepowert, völlig am Ende" ist alles dabei. Der Grundton bleibt aber immer positiv, sehr humorvoll und manchmal herrlich ironisch. Ich kann das Buch uneingeschränkt weiter empfehlen.

Kurzbeschreibung From female road warrior to spreadsheet jockey: The true story of motorcycle racing, corporate burnout, and a woman's quest to reclaim the adventurous spirit of her youth. An inspirational memoir recounting the epic journey of a woman fueled by the search for freedom and adventure. To Drink the Wild Air is the unique story of triumph on the motorcycle racetrack, freewheeling on the open roads, and a detour into the corporate world that leads to burnout and a search for the long-lost virtues of youth. Birgit Soyka gives the reader a glimpse of her life philosophy from the back seat of a motorcycle. Her memoir races along the twisting roads of untamed dreams and an obsession to follow the horizon. Audacious and honest with a healthy dose of humor, Birgit's story is a reminder to live life to the fullest, to persevere no matter what the obstacles, and to always remain true to yourself and your dreams.

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ber den Autor und weitere Mitwirkende Birgit Soyka was born and raised in Germany. After she successfully completed her apprenticeship in retail sales, she changed fields and worked several years for the motorcycle magazine "mo" in Germany. She became one of the first female motorcycle racers in her time. In 1985, she decided to take a leap of faith to embark on the longest journey of her life following nothing more than her intuition and the path of unexplored territory. Her desire to live a "life less ordinary" drew her to an early passion for adventure, travel, and motorcycle racing, which led her into a long and successful business career in the Logistics sector and the opportunity to live in Mexico for several years. Eventually she experienced career burnout, which was the trigger to re-think life as it was. Today she makes her home in San Francisco, California, and has embarked once again on a journey of self-exploration, planning another adventure on a motorcycle—this time focused on environmental challenges and alternative technology.