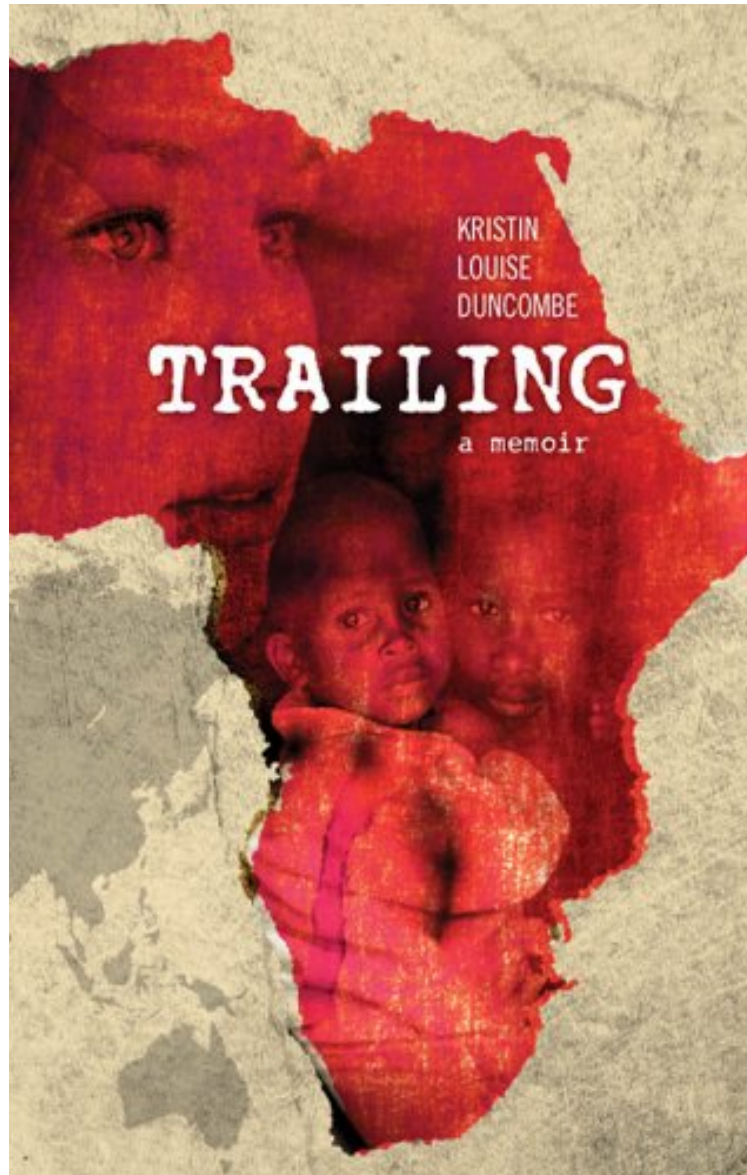


[Free read ebook] Trailing: A Memoir (English Edition)

Trailing: A Memoir (English Edition)

Von *Kristin Louise Duncombe*
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Von Kristin Louise Duncombe : Trailing: A Memoir (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Trailing: A Memoir (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. A must-read for expats / for those in cross-cultural relationshipsVon MeganA fascinating story that resonates particularly with expats but also with anyone who has experienced some sort of "trailing" in his/her life. The more global our world and

our possibilities become, the more flexible we have to be - the more willing to adapt. Following or trailing a loved one doesn't mean giving up one's ambitions or being the weaker person. Ms. Duncombe's book describes the genuine challenges of trailing but also the growth that comes with it.

KurzbeschreibungSomething unexpected occurs when Kristin Louise Duncombe moves to New Orleans to begin her adult life as a psychotherapist: She falls madly in love with a Mdecins Sans Frontieres doctor, abandons all of her plans, and follows him on a medical mission to East Africa. Faced with the dual culture shock of Kenya and life with the MSF team, Kristin struggles to craft a new existence in a context of mishap, witchcraft, and the life or death stakes of the MSF world. Just when she has managed to establish a life for herself in Nairobi, a violent carjacking catapults her into a state of acute post-traumatic stress, and her life thereafter devolves into a world of intense anxiety that permeates every aspect of her existence. Forced to examine questions about her relationship, career, and personal identity, she struggles to save her marriage while facing the most difficult fight of her life: saving herself. Duncombes debut, as humorous as it is harrowing, provides an insiders view of an MSF marriage and the humanitarian crisis in East Africa. Probing deeply into her tumultuous search for identity, she captures the essence of the experience with extraordinary authenticity and honesty. An altogether life-altering journey to the core of the human soul, *Trailing: A Memoir* is a compulsive page-turner, as fascinating as it is life affirming.

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ber den Autor und weitere MitwirkendeKristin Louise Duncombe is an American psychotherapist, consultant, and writer who has lived in France since 2001. Having grown up overseas as the child of a US diplomat, and having lived internationally most of her adult life, she has based her career on working with international and expatriate families. She has twenty years of experience in the United States, East Africa, and Europe.