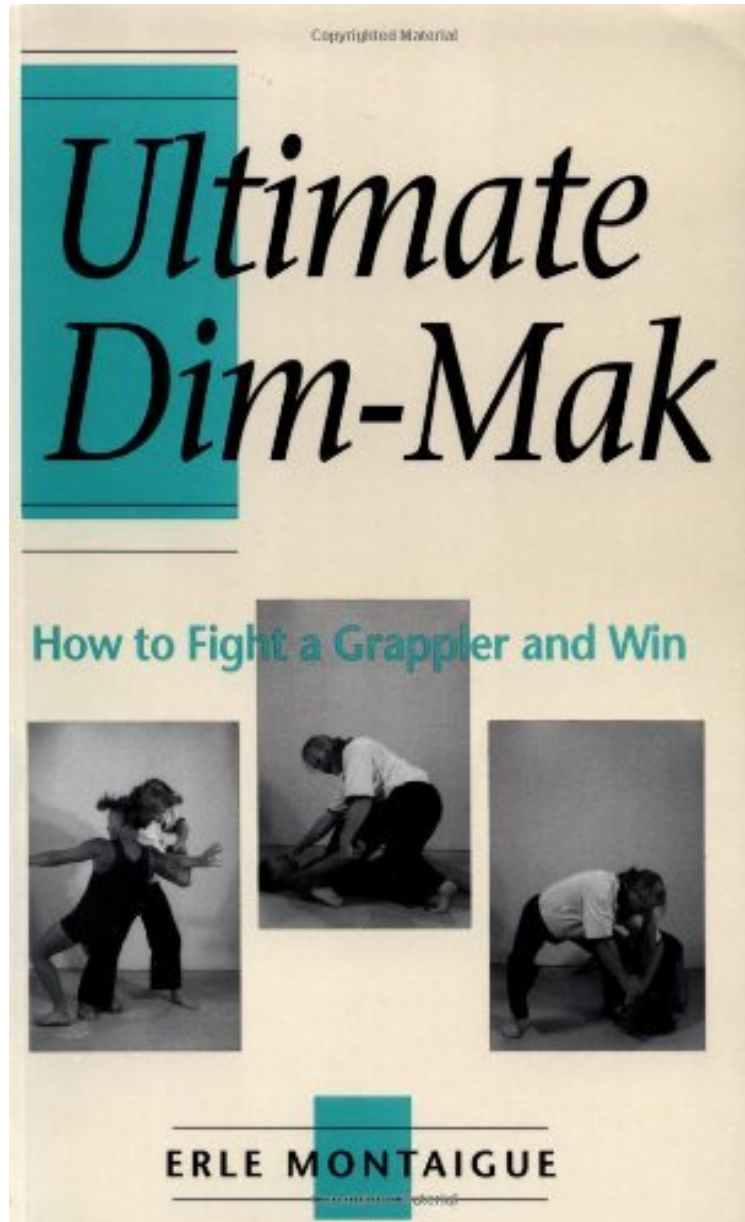


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# Ultimate Dim-Mak: How To Fight A Grappler And Win

*Von Erle Montaigue*

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**Von Erle Montaigue : Ultimate Dim-Mak: How To Fight A Grappler And Win** before purchasing it in order to gage whether or not it would be worth my time, and all praised Ultimate Dim-Mak: How To Fight A Grappler And Win:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. mixed opinionsVon Niall RobbI get the idea that the author is a very smart man with years of experience under his belt. The book says a lot of really smart things and I could say it was one of the best ones I've read. The problem is that between these excerpts of greatness are countless expressions of empty promises that his way is better than any other. The moves seem logical enough but I seriously doubt that even the best book could ever defeat a style. He makes constant references to "the fools who still study Karate" saying that sparring and kata and other things are no match for training your mind for adaptability. he also talks about the UFC like a playground, with such an extreme number of rule and regulations that the whole thing is safe and stupid. I truly think that taking out eye and neck gouging hardly makes it a foolish game.0 von 0 Kunden fanden die folgende Rezension hilfreich. the downfalls of grappling revealedVon Ein KundeAll the negative reviews of this book appear to be written by grapplers. People who have spent years of their life learning to wrestle an opponent to the ground and either break an arm or choke them out. It's understandable that they wouldn't think highly of a book that shows the weakness of their style(for example grappling is only good against one opponent any two untrained bumkins can take out a grappler, one can wrestle with him on the ground and the other can stick a knife in his ribs). DIM-MAK IS AN EXCELLENT WEAPON against any style. This book just happens to show you how its used against grapplers.0 von 0 Kunden fanden die folgende Rezension hilfreich. I can see him doing it but i can't see howVon Toni RodriguesEvery book is a good book, but don't buy this one expecting to learn how to defend yourself from a grappler's attack. The book lacks essential details, that make all the damn difference. You can see him doing it but he gives you no real clue how it is done. You can learn much more on a single judo, wrestling or gracie jiu jitsu class. In fact, that's THE best way to learn how to deal with a grappler. Do not fool yourself.

KurzbeschreibungGrappling is not superior, just different, says Erle Montaigue, a former pro wrestler himself. Here he takes you inside the mind of the grappler and reveals his strategy, thus taking away his edge. Learn to target the most vulnerable points and apply foolproof dim-mak sleeper holds to counter the moves grapplers will use in any no-holds-barred fight.KurzbeschreibungGrappling is not superior, just different, says Erle Montaigue, a former pro wrestler himself. Here he takes you inside the mind of the grappler and reveals his strategy, thus taking away his edge. Learn to target the most vulnerable points and apply foolproof dim-mak sleeper holds to counter the moves grapplers will use in any no-holds-barred fight.Synopsis With the advent of the Ultimate Fighting Championship, grappling arts have enjoyed a sharp rise in popularity. Judging from these tournaments, one might conclude that no martial art is superior to grappling when it comes to street fighting. Not true, says Erle Montaigue. To defeat a grappler, you must understand how he thinks. Erle Montaigue takes you inside the mind of a grappler, revealing his strategy and thus taking away his edge. He also shows you how to target the most vulnerable points on the human body and apply five foolproof 'sleeper holds' from dim-mak in order to counter the classic moves a grappler will use.